



FIRST AID TRAINING FOR EARLY YEARS & SCHOOLS

In **Safe** Hands

NEW CHILD RESUSCITATION GUIDELINES 2010

DANGER

Is it safe?

RESPONSE

Talk to them, tap them on the shoulder.

SHOUT FOR HELP

Is a defibrillator available?

AAIRWAY

Open the airway as shown.

BBREATHING

Is it normal or abnormal?
(check for no more than 10 seconds)



NORMAL BREATHING - 999 or 112

ABNORMAL BREATHING - 999 or 112

The Recovery Position



START BASIC LIFE SUPPORT AS SOON AS POSSIBLE



Health & Safety Executive
Approved Training Centre
61/08



In Safe Hands can supply training in:

First Aid for Schools, First Aid for Work, Paediatric First Aid (Ofsted compliant),
Emergency First Aid at Work, Health & Safety, Food Safety & much more.

Tel: 0844 800 9902 www.insafehandstraining.com

TRAINING AVAILABLE IN SCHOOL OR WITH US