



**In Safe Hands**  
Experts in Training

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## **First Aid at Work Dates 2019**

**Monday 21<sup>st</sup>, Tuesday 22<sup>nd</sup> & Wednesday 23<sup>rd</sup> of January 2019**

**Wednesday 27<sup>th</sup>, Thursday 28<sup>th</sup> of February & Friday 1<sup>st</sup> February 2019**

**Monday 18<sup>th</sup>, Tuesday 19<sup>th</sup>, Wednesday 20<sup>th</sup> March 2019**

**Wednesday 24<sup>th</sup>, Thursday 25<sup>th</sup> & Friday 26<sup>th</sup> of April 2019**

**Monday 20<sup>th</sup>, Tuesday 21<sup>st</sup> & Wednesday 22<sup>nd</sup> May 2019**

**Wednesday 19<sup>th</sup>, Thursday 20<sup>th</sup> & Friday 21<sup>st</sup> June 2019**

**Monday 22<sup>nd</sup>, Tuesday 23<sup>rd</sup> & Wednesday 24<sup>th</sup> July 2019**

**Wednesday 28<sup>th</sup>, Thursday 29<sup>th</sup> & Friday 30<sup>th</sup> of August 2019**

**Monday 23<sup>rd</sup>, Tuesday 24<sup>th</sup> & Wednesday 25<sup>th</sup> of September 2019**

**Wednesday 16<sup>th</sup>, Thursday 17<sup>th</sup> & Friday 18<sup>th</sup> October 2019**

**Monday 11<sup>th</sup>, Tuesday 12<sup>th</sup> & Thursday 13<sup>th</sup> November 2019**

**Wednesday 11<sup>th</sup>, Thursday 12<sup>th</sup> & Friday 13<sup>th</sup> December 2019**